

Edward-Elmhurst CME



2020 Edward-Elmhurst CME Enduring Journals Supporting Provider Mental Health During COVID-19

- Date(s):** Enduring Material – Available Online: 7/10/2020 through 7/10/2021
- Time(s):** Online – Available Anytime
- Place:** Online – Available Anytime
- Registration*:** Registration **required** for all CME events. Visit www.eehcme.org to register and access content.

**Due to requirements of our CME accreditation, credits are not applied to transcripts for unregistered participants or participants that do not complete the required evaluations.*

Maintaining an adequate healthcare workforce in the current pandemic requires not only an adequate number of providers, but also requires maximizing the ability of each provider to care for a high volume of patients. Given that surges in critically ill patients could last weeks to months, it is also essential that healthcare providers be able to perform to their full potential over an extended period of time and cope with the societal shifts and emotional stressors. Providers face greater risks of exposure, extreme workloads, moral dilemmas, and rapidly evolving practice environments that differ from day to day, all adding to the mental health fatigue that takes place. This journal activity is designed to review literature regarding best practice in order to address provider mental health during the Covid-19 pandemic.

Program Objectives: At the conclusion of this enduring activity, participants should be able to:

1. Address sources of anxiety among providers during Covid-19 Pandemic.
2. Describe ways to support providers during the Covid-19 Pandemic.
3. List the effects that Covid-19 Pandemic can have on providers' mental health.
4. Explain the steps that should be taken to minimize the psychological and psychiatric effects of the Covid-19 Pandemic.

Edward-Elmhurst Health designates this live activity for a maximum of **1.25 AMA PRA Category 1 Credit™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.



Edward-Elmhurst Health is accredited by the Illinois State Medical Society to provide continuing medical education for physicians.

As a reminder: Edward-Elmhurst Health is accredited to provide AMA PRA Category 1 Credit™ and tracks only Category 1 credit provided to physicians credentialed within the system. Only physicians are eligible to be awarded AMA PRA Category 1 Credit™. The AMA defines physicians as those individuals who have obtained an MD, DO or equivalent medical degree from another country. No other healthcare providers may be awarded AMA PRA Category 1 Credit™. However, accredited CME providers, such as Edward-Elmhurst Health, may issue documentation of participation to non-physicians that states the activity was certified for AMA PRA Category 1 Credit™. It is the responsibility of the non-physician provider to obtain his/her certificate and track those hours.